

No raining on this parade!

Lifesavers breaks a new record, raising \$341,000 for LWDHF!



The sky darkened and poured down on Lake of the Woods as guests arrived to this year's 14th Annual Lifesavers Dinner & Auction, however that did not stop this illustrious celebration! Summer and local residents gathered together for an exciting evening of socializing, bidding and dining all in support of Lake of the Woods District Hospital. Dr. Sean Moore introduced the Lighthouse Family Speaker, Karen Dunlop. She bravely shared her firsthand experience with Lake of the Woods District Hospital when a life and death allergic reaction brought her to the ER a few summers ago. She thanked not only the medical team that helped save her life, but also the patrons at Lifesavers; for without the generosity and support from her friends and fellow philanthropists who attend year after year, the hospital wouldn't have had what it needed to take care of her when she needed her hospital at the lake. Karen's story brought Lifesavers Dinner and Auction, full circle.

Since it began, Lifesavers has raised over \$2.4 million for capital infrastructure and new medical equipment at Lake of the Woods District Hospital. The proceeds from the Annual Lifesavers Dinner & Auction plays an important role in our partnership with Lake of the Woods District Hospital. With this year's record breaking dinner, \$341,000 will go towards purchasing an ultrasound unit for dialysis, medical chairs for patient registration, medical beds for 2 East palliative care, 2 crash carts for 3 East and ICU, and an epidural sapphire pump and retractors for anterior hip surgery for the surgical services department. Hosted by Co-Chairs Dominique Kyle and Lisa Paterson and Master of Ceremonies Andrew Paterson, the rainy start to our evening didn't keep anyone away and the evening went on in all it's glory. Our Lifesavers patrons, sponsors, donors and volunteers continue to amaze us with their generosity and commitment to our cause. Helping us to ensure quality medical care remains available where we all are lucky enough to get to live, work and play.

The Lifesavers Dinner & Auction originally started at Smith Camps before finding its home at the Royal Lake of the Woods Yacht Club. With many thanks to founders Bob Kozminski and Nicki Douglas, and to our current and past committees for their hard work and dedication, Lifesavers has become the single largest annual fundraiser for your hospital at the lake! Thank you!

"I have been involved with the lighthouse dinner for six years and every year has been a truly remarkable experience! I have met so many wonderful people. The dedication and effort of the foundation members is beyond words. The support and generosity of our lighthouse families, dinner attendees and auction donors is overwhelming. Everyone I approach is gracious and so willing to support the hospital in this community that is so special and important to us all! Together we are making a difference in healthcare in Kenora. I hope you all have a beautiful winter and look forward to seeing you next summer!"

- Lisa Paterson, Lifesavers 2019 Co-chair

"I have had the privilege of being a part of 10 Lifesavers Dinner and Auctions. Every year, our generous guests and supporters raise the bar! I am continually amazed by the passion and devotion to Lake of the Woods District Hospital! Thank you for holding us near and dear to your heart and for choosing to make a difference in healthcare in Kenora. We couldn't do what we do without you!"

- Jess Rheault, Executive Director LWDHF



Thank you to our 2019 Lighthouse Families:

The Asper Family
Donny and Rhoda Beasant
Jim Borger and Family
The Bryce and Nicki Douglas Family
Steph and Kailee Foidart
Guy and Lou Goodwin
David and Ingrid Graves
Brian and Ruth Hastings
The Paul and Carol Hill Family
Chris and Pamela Hodgson
Larry and Carolyn Hursh
Bruce Klassen and Karen Dunlop
Kevin and Deneen Klippenstein

Bill and Theresa Parrish
Andrew Paterson and Family
Gerry and Barb Price
Bob and Marnie Puchniak
Rob and Penny Richards
Jim and Leney Richardson
Hartley and Heather Richardson
Thor Richardson
Sandy and Debbie Riley
and Family
Ross and Allana Robinson Family
Arni Thorsteinson and Susan Glass
Graeme and Sara Thomson







Thank you for showing your support with your generous Anchor Donation:

Terry and Susan Moss • Edward J. Ransby Nancy Riley and Blake Murray • Nicola Tory Richard Bracken - Royal Canadian Properties Bruce Hamilton - Royal Canadian Properties Ashleigh Everett & Stuart Murray - Royal Canadian Properties

Thank you to the following donors for their generosity and support for *Live* and *Silent Auction* and table gifts:

Andrew and Lisa Paterson
Anonymous
Banville and Jones
Canadian Tire - Kenora
Chef Rob Thomas
Christine Skene
and Nick Logan
Clearview Window Cleaners
Docks n' Lifts
Don Snider
Donny B
Erin Anderson
GFL Environmental Ltd.
Grace Anne II Yacht &
Lodge

Great Explorations
Guy and Lou Goodwin
Harbourfront Oil
& Vinegar
Holly Ann Friesen
Island Girl
Jean Paul Lavand
Karla Tolstoy
Keith and Linda Levit
Ken and Cindy Behrsin
Kristina Dimitrova
Lake of the Woods
Brewing Company
The Muse LOW Museum and
Douglas Family Art Centre

Lake of the Woods Sunrise
Soap Company
Lisa Paterson
Melissa Jean
MS Kenora
NKD Ambitions
Paul Leinburd, Crown Cap
Simon Imports
Spiders & More
Tangled Free Framing & Gifts
True North Sports & Entertainment
Winnipeg Art Gallery
WSL Sport & Leisure



Mayberry

Art Exhibit Sponsor

Brennan's Jewellers



Whistle Raffle Sponsor

Thank you Bill Scribilo and Phil Hanstead for shuttle services, and Woodlake Marine for the pontoon!

Special thanks to:

MC: Andrew Paterson

Guest Speaker: Anthony Sharp

Lighthouse Family Speaker: Karen Dunlop Live Auctioneer: Don Konantz Lifesavers Blessing: Carol Hill

Committee - 2019

Dominique Kyle and Lisa Paterson, Co-Chairs Nicki Douglas, Catherine Konantz, Kate Paterson and Cindy Behrsin



DINSWALL TO DRIVEN BYTHE BYTHE GROUP



Challenge: Driven by the Dingwall Group on July 18, 2019. 144 golfers at the sold out tournament enjoyed a day of golf, rain and socializing on the links at the Kenora Golf and Country Club. When the day was done Bill Dingwall, president of the Dingwall Group was pleased to announce that with sponsors, participants and a commitment of \$25,000 from the Dingwall group a grand total of \$100,000 was raised for Lake of the Woods District Hospital Foundation for the purchase of portable ultrasound units for the ICU and ER departments at LWDH. These units will provide specialized bedside care, improving patient outcomes and experience during emergency and/or life and death situations.

Thank you to the Dingwall Group and to sponsors, partners, volunteers and participants in this years event and we can't wait to see what kind of action comes out of next year's tournament!



The new portable ultrasound machine was put in place and to good use immediately at LWDH. The portable ultrasound machine is used daily in the ER to evaluate an emergency medial conditions and make immediate patient care decisions. Pictured above, Dr. TJ Henderson uses the portable ultrasound on a patient in the ER this summer.



Bill Dingwall greets the crowd following a fantastic day of golf at Kenora Golf and Country Club. When all was said and done, the 1st Annual Par 3 Charity Challenge raised \$108, 200 for LWDHF!



LWDH President & CEO Ray Racette along with CFO Cheryl O'Flaherty prepare to hit the course handing out waters to keep our participants hydrated.

SAVE THE DATE FOR OUR 2ND PAR 3 CH

"This Par 3 event has been something that we have talked about for several years and this year we took action and brought it to life. With enormous community support from friends and our community partners we were able to put on a fun event in support of a great cause. Our original goal was \$100,000 and I'm ecstatic to announce that the total amount raised was \$108,200 for our hospital. We are looking forward to 2020. Stay tuned!"

- Bill Dingwall, President, the Dingwall Group



Pictured L-R: LWDH President & CEO Ray Racette, CFO Cheryl O'Flaherty; LWDHF Board Chair Anthony Sharp, Executive Director Jess Rheault; Mike, Laci, Cam and Bill Dingwall from the Dingwall Group.



Winning team of Randy Baird, Brett Beaucage, Brent Taylor and Kevin Brown take bragging rights for 2019 with the lowest overall score.



KGCC Pro Jennifer Hollins instructs volunteers on proper measuring procedures. There were 144 golfers prepared for a big win on all of the 18 holes.

LWDHF would also like to extend a very special thank you to MNP for 10 great years as our title sponsor. From 2008-2018 over \$500,000 was raised for Lake of the Woods District Hospital!



Summer was rockin' with Q104!

114. A Kenora Online kenoraliye

Saturday, June 8th, 2019 was one of our biggest and busiest **Teddy Bear Picnic and Q-munity BBQs** yet, for it's 5th year. Our friends

from Q104 were busy handing hotdogs off the grill and the admitting lineup at Teddy Bear Triage started at 11am. The day continued on with smiles and fun until closing time at 2pm when every stuffie had been checked over and helped. Hundreds of visitors, young and young at heart, paraded their stuffies throughout Anicinabe Park having them checked out by trained Teddy Bear medical professionals from Lake of the Woods District Hospital, Little Oak Wellness, Kenora Chief's Advisory-Infant Development and Kenora Optometry Clinic. We can't wait to see everyone again next year!

















LWDHF was honoured to be apart of a Guinness World Book record breaking day with Q104 on Saturday July 28, 2019. Not only were we accounted for in the 1,359 people wearing plaid in one location on the Kenora Harbourfront, we were also able to make Sandy Handstead's day by calling her name as the winner of our 50/50 draw! Congratulations Q104 for putting our city on the map and in the Guinness Book of World records!





For the 2nd year in a row, princesses and their knights in shining armor danced the night away at the **Father Daughter Ball** at the Clarion Lakeside Inn, in support of Lake of the Woods District Hospital. This year \$14,650 was donated to LWDHF! Thank you for bringing this magical event to Kenora and for supporting your hospital.







Valleyview Public School celebrated the first day of summer on June 21st and invited LWDHF to join them for a Teddy Bear Picnic. The kindergarten class held their picnic in support of LWDHF and we were happy to attend, we even brought along our friend the Flyin' Lion from Ornge to keep us company. It was a great day and we appreciated the invitation and that you thought of donating to your LWDHF. Thank you Valleyview!



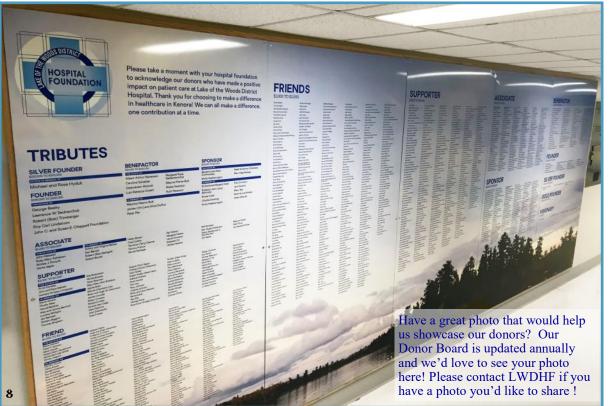




Jake on the Lake from 89.5 the Lake/Acadia Broadcasting visited Lake of the Woods Hospital during National Nurses Week. He brought hot coffee and treats for the nurses on shift and brought a smile to their faces with his visit. We appreciate our nurses and staff 365 days a year, but it's extra special when there is a week dedicated nationally in their honor.

89.5 the Lake are great partners of Lake of the Woods
District Hospital Foundation supporting us at our events
and have contributed over \$250,000 in advertising over
the years. Thank you 89.5 the Lake!





The new donor board has been installed at LWDH down the main hallway leading from the emergency entrance across from Diagnostic Imaging.
The donor board recognizes our generous donors for their dedication to LWDHF! Be sure to take a minute to stop and browse the new board!

It is our honor to recognize the amazing community of donors we have at LWDHF.



"I always knew that Kenora was where I would end up"

Manager of Finance & Clinical Information at LWDH Colt German is proud to call Kenora home and happy to give back to the community that supported him. Colt is a LWDHF donor through the employee payroll deduction program.

Q: Were you born and raised in Kenora?

A: Yes. I Lived here until I graduated high school from Beaver Brae in 2011 then moved to Regina for 7 years.

Q: Where did life take you after high school and how did you end back in Kenora.

A: After graduating high school, I attended the University of Regina for 4 years where I received my Bachelor of Business Administration. In the following 3 years I worked with a public accounting firm (MNP) and achieved my CPA designation in February 2018. At this point I began to seek out opportunities in Kenora as I had a taste of the city life and knew that I preferred the relaxed, outdoor lifestyle that Kenora offers. In September 2018 I started a job as the Manager of Finance & Clinical

Information with Lake of the Woods District Hospital.

Q: Did you always think Kenora was where you would have your career?

A: I always knew that Kenora was going to be where I ended up, but I just wasn't sure when. I wanted to experience life outside Kenora and understand what else was out there before I could confidently say that Kenora was the best place for me. I am happy that I was able to make this decision early in my career and can now focus on building a life here.

Q: What makes Kenora home?

A: The thing that makes Kenora home is my family and friends. It seems that everywhere you go there is always a friendly face. The biggest thing I've noticed after moving back is how quickly everyone made me feel welcome. It feels as if I've never left.

Q: What do you like to do in Kenora?

A: My favourite things to do in Kenora are spending time on Hilly Lake and Black Sturgeon, cutting firewood, and playing hockey and slo-pitch in the winter and summer months. I recently bought some property which is also keeping me occupied as I prepare to build a house.

Q: Why do you feel it's important to be a monthly donor?

A: LWDHF plays a significant role in funding our hospital's capital projects and equipment needs. Without this help and support from our staff and community members, we would not have access to many of the tools used to deliver quality care to the community.

Q: Why is it important to you to be a monthly donor?

A: I plan on raising a family and eventually retiring here in Kenora. I want to do my part to ensure that my family has access to quality healthcare close to home for years to come.

From Our Generous Community

We couldn't do it without you!

"I didn't want presents for my birthday, I wanted to give it to the hospital cause I knew it would help." - Desmond Hercun, 6 years old. Giving back starts at any age! LWDHF was treated to a special guest and his family one afternoon when 6 year old Desmond, his brother Kasmir and Mom Erin stopped in to deliver a cheque for \$190 to donate to the



hospital following Desmond's 6th birthday party. All he wanted was 'to invite all of his friends and for them all to be able to come to his party' held at the Kenora Rec Centre pool; any donations given as 'gifts' were donated to the hospital. Thank you Desmond and to your family for thinking of your hospital!



CrossFit for a cause! A great big thank you going out to Grade 5 student **Aleah Schatzler** (Valleyview Public School) whose 'Genius Project' idea was to host a 'WOD fundraiser' at CrossFit Core KTown in support of LWDHF. A total of \$635 was raised though her efforts and with the help of coach Dave who donated his time and space to host this event. At Aleah's request her donation will help people with cancer. We can all make a difference, one bear crawl at a time!

LWDHF Executive Director Jess
Rheault (middle) accepted 3
grants from Kenora & Lake of the
Woods Regional Community
Foundation Executive Director
Tara Douglas (left) and President
Dennis Alvestad (right) during
their grant presentation in June
2019. \$3,000 from the Alcock
Family Fund for Health &
Wellness to be used in the



purchase of a Chemo Pen; \$1,597 from the *Bachman Family Fund* and a bonus \$2,000 from an anonymous donor. We are honored to be a community partner with KLWRCF. Thank you!

When 5 year old Tilley
Gosselin grows up, she
wants to be a doctor! We
already know she has a
heart of gold, asking
friends and family not to
bring gifts to her birthday
party, but to donate a
toonie to give to LWDHF.
Because of her thoughtfulness and the generosity
of friends and family,
Tilley was able to donate
\$100! Thank you Tilley!





LWDHF were the recipients of a \$750 grant during the Kenora & Lake of the Woods Regional Community Foundation Youth In Philanthropy Granting Ceremony at St. Thomas Aquinas High School. Thank you to the YIP students (Lillian Moore, Tess Lockhart and Beth Wegenaar) from Beaver Brae Secondary School for choosing your hospital as one of your recipients!

Thank you to **Kenora Catholic District School Board**

staff and students for participating in Green Shirt Day raising awareness for the Logan Boulet Effect.

\$360.31 was collected and donated



to LWDHF through their efforts!

For the Goodness of Your Heart—Grateful Patient Program

Lynn Ronnebeck (pictured at right with Executive Director Jess Rheault) inspired a generous donation in her honour following an intimate CPR session. Her personal approach to CPR instruction helped a vigilant group of summer residents who wanted to be prepared for the worst case scenario at the lake. Your dedication inspired this much deserved recognition. Thank you Lynn!

For more on the Grateful Patient Program at LWDHF see page 15.





Following this year's golf tournament, **Dennis and Alice O'Sullivan** presented LWDHF with a donation of \$3,000 to the Chemotherapy Department at LWDH. Funds raised from the **Ontario Provincial Police Association, Kenora Detachment's 20th Annual Constable Marv Forsythe, Police Officer Memorial Charity Golf Tournament** held on August 16th at Beauty Bay Golf Course. In the past 10 years, \$34,600 has been donated to LWDHF and Kenora Handi-Transit combined because of this tournament. Thank you 'fore' helping your hospital, help you.



The **Kenora Dragon Tamers** have been supporting cancer care at LWDH since 2007. Since that time, they have donated over \$47,000 to help with mammography and the needs of the chemo department. The Dragon Tamers have pledged \$30,000 to upgrading telemedicine equipment at LWDH allowing patients to see their specialists located across Canada, without leaving Kenora. Having telemedicine makes it easier physically, emotionally and financially on patients and families and is essential in patient care. At the Luncheon of Hope held October 19th, they presented LWDHF with \$10,000 towards their pledge.



Thank you to **Thirty –One Consultant Shaun Neniska** for once again supplying our Chemo Department at LWDHF with 31 care packages for our patients. Thanks to several individual donations as well as support from local businesses each Thirty One thermal lunch tote is packed lovingly with special items to help bring a smile to patients as they go through their journey.

Thank you Shaun!









HOW CAN YOU HELP YOUR HOSPITAL, HELP YOU?



Lake of the Woods District Hospital

Ladies Auxiliary graciously gives their time and effort into doing great things for our hospital and we couldn't possibly thank them enough!

Have you shopped the Gift Shop at LWDH lately? The Auxiliary ladies are constantly

updating stock with too many great items to mention. Stop in today to find your own little treasure in support of

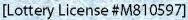


You can support Lake of the Woods District Hospital
Auxiliary each Wednesday evening with TV Bingo (September 25,
2019 until December 18, 2019), 7:00pm on cable Channel 10.

[Lottery License #M810591]

Support LWDHF this winter by purchasing a 50/50 ticket at any local high school (St. Thomas Aquinas or Beaver Brae) or any Thistle game for the 2019/2020 season!

It could be a big score for you and is always a huge win for your hospital!













Partnerships supporting our local athletes and your hospital!



Thanks to our lobby vendors who continue to support LWDHF! Our vendors are a treat to have in the hospital main entrance and allow staff, visitors, and patients an opportunity to shop without going far. We look forward to more visits from our lobby vendors in the future. Check out our Facebook page to find out when the next lobby vendor will be visiting.

If you are independent retailer and are interested in setting up in our lobby, call us at 468-9861 x2469 to find out more!





Hockey for Health 3 on 3 Fundraising Tournament is set for April 15th-19th, 2020!

It's not too early to get your teams and fundraising ideas together! From Novice to Old-Timers, there is a division for everyone! Hockey for Health 3 on 3 is a unique event in that it's not the team who wins the most games who is crowned champion; but the team that raises the most money. It's a great way for youth to get involved in community philanthropy and get creative.

Put your thinking caps on now and help us FUNdraise for a great cause!





Watch for more information coming in the new year about registration and how you can be a part of raising funds for charity through Hockey for Health 3 on 3.

Would you like to be apart of a committee to bring exciting new ideas to 3 on 3? If you would like to volunteer your time in Spring 2020 to help out with Hockey for Health 3 on 3, please contact LWDHF!

Tree of Life Campaign 32nd Anniversary

Watch for your **Tree of Life** form in the mail and at area businesses around Kenora and help us celebrate 32 years of tradition making a difference, one bulb at a time.

By purchasing your \$10 bulb you've directly been apart of helping to raise over \$1,000,000 for your hospital. Money raised through the Tree of Life Campaign goes to purchase much needed medical equipment at LWDH so that when you need your hospital, your hospital will have what it needs to take care of you.

Consider the possibilities of purchasing your bulb in honour or remembrance of your loved ones this holiday season!

About LWDHF...

Who is LWDHF?

The Lake of the Woods District Hospital Foundation was established in 1992 and continues to be the lifeline between your community and your hospital.

LWDHF is governed by an 11 member board which meets monthly; has 3 full time employees and benefits from over 2,000 volunteer hours per year. We are dedicated to raising funds for the purchase of medical equipment and capital infrastructure. Since our inception, LWDHF has transferred over \$20 million to Lake of the Woods District Hospital (LWDH).

Our needs are ongoing.

The Ontario Ministry of Health and Long Term Care covers, on average, 80% of your hospital's operating costs. This limited funding for healthcare increases the financial pressure for your hospital in addition to the fact that none of this funding is designated to cover capital expenses. There is not a matching program from the Ministry to help purchase equipment, which leaves LWDHF to raise the funds needed, dollar for dollar.

Your hospital has identified over \$3 million in capital equipment and infrastructure needs over the next 2 years.

The list shown below is a portion of what is needed by your hospital to ensure quality medical care remains available to your community at LWDH. The equipment checked off have been purchased improving patient care today!



LWDHF Board of Directors and Staff 2019-2020

Chair Anthony Sharp	Base Manager (Kenora) Ornge Air Ambulance
Vice-Chair	
Holly Friesen	Owner and Artist, HAF Art Studio & Gallery
Treasurer	
Jackie Hailstone	General Manager, CIBC Kenora
Directors	
Brock Chisholm	Manager, Rehabilitation Department, LWDH
Marc Bissonnette	Owner, Bell's Septic & Environmental Services
Kim Mejia	Associate, Hook, Seller & Lundin LLP
Barry Marmus	Commercial Branch Manager,
	The Standard Insurance
Laci Dingwall	Public Relations Manager, The Dingwall Group
Kayla Borup	Communications Manager,
	Copperfin Credit Union
Staff	
Jess Rheault	Executive Director since November 2009
Andi Scheibler	Development Coordinator since January 2016

Operations Assistant since May 2014

LWDH Equipment Wish List, 2019-2020		
Portable Ultrasound Machines Dialysis, ER + ICU	\$145,000 🗸	
Automated TM Analyzer Laboratory	\$70,000	
Patient Beds + Mattresses x7 Mental Health/Psychiatric	\$40,600 🗸	
Recovery Room Monitors x4 Surgical Services	\$40,000	
Pressure Reduction Mattresses x6 2East and 3East	\$23,100 🗸	
Cafeteria Furnishings Nutrition & Food Services	\$20,000	
Endotoxin Testing (for Dialysis) Laboratory	\$10,400	
Crash Cart & Patient Chairs x 4 ICU	\$9,500	
AccuVein Finder AV400 Chemotherapy	\$8,757 🗸	

Lindsay Whitaker

Ways to Give to LWDHF...

Memorial Giving

A memorial gift to LWDHF provides a meaningful way to remember your loved ones. Family and friends have an opportunity to donate towards a lasting tribute set up as a memorial fund. Memorial gifts are recognized on our Donor Board when accumulated donations for the fund reach \$1,000.

Monthly Giving

Did you know that for as little as \$5.00 per month, you can make a difference in the quality of medical care available at your hospital? 1,000 donors contributing \$25/month = \$300,000 for your hospital. Imagine the possibilities for your hospital, our patients and your community!

Planned Giving

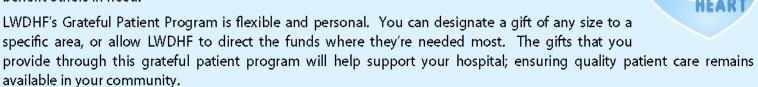
Including LWDHF in your will ensures your support for a cause you care about will continue—even after you're gone. By choosing to designate to LWDHF's endowment fund, your gift continues to give, benefitting your family and your community—forever. You can also take comfort in knowing that your gift will lessen the tax burden on your loved ones when transferring your estate.

Please contact LWDHF to discuss your planned giving options such as bequests, gifts of life insurance, RIFs or RRSPs. Final arrangements should be made through your financial advisor.

For the Goodness of Your Heart—Grateful Patient Program

Many of LWDH's staff members make a difference in the lives of their patients. When we hear your words of gratitude and kindness, we feel it is important to share those with them.

If you have been touched by the LWDH health care team, consider making an honorary gift to your hospital through the Grateful Patient Program. Your gift will help support your hospital and will benefit others in need.





We've moved office locations!

Find us at the
St. Joseph's Health
Centre (across the
LWDH Staff parking lot).
We are on the first floor
main entrance, first
offices on the right.



Printing of this publication is provided by the team at Lowerys. Thank you Lowerys!



