

Fall | 2022



The Pulse

LWDHF Newsletter

*Thank you, for helping
your hospital help you.*

MAKING AN IMPACT

Our Community
Cares

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HONOUR LOVED ONES

Tree of Life
Campaign

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LWDH UPDATE

New Hospital
Project

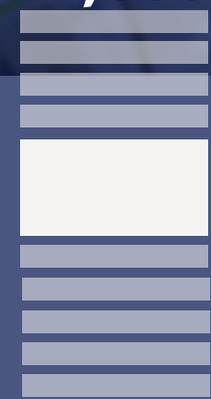
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By the Numbers

LWDH's Figures Tell an Important Story

The Emergency Department (ED) at the Lake of the Woods District Hospital sees approximately 17,000 patients each year, averaging 47 people every day needing emergency care in our community.

17,000 TOTAL NUMBER OF EMERGENCY DEPARTMENT VISITS IN 2021-22

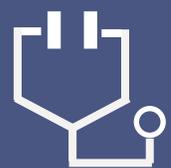


31%

of the total annual visits to ED occur within **JUNE, JULY** and **AUGUST** alone.

60% of ED visits require some level of diagnostic testing or lab work

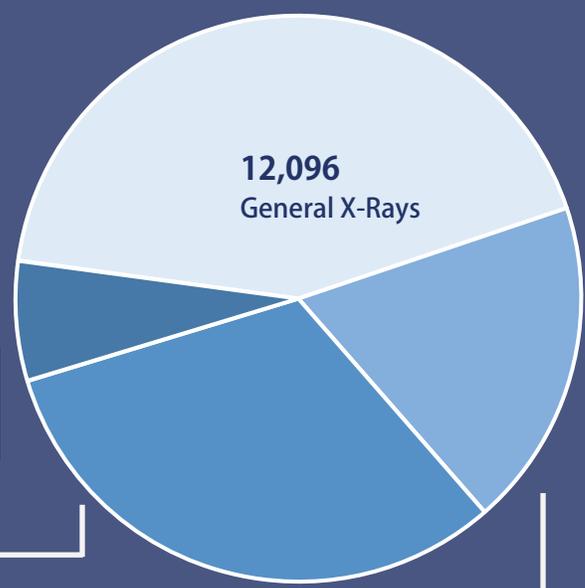
299,505 Laboratory testing procedures annually



2,130 Surgeries and Surgical procedures



28,348 Diagnostic Imagings Performed



12,096 General X-Rays

1,940 Mammograms

9,000 CT Scans

5,312 Ultrasounds

Echocardiograms are being offered as of July 1, 2022! In 2021, the Foundation was able to support technician training on this machine to enhance patient care at LWDH.

Your Stories

Each Story is a Treasure and in Sharing Experiences, our Whole Community is Enriched.

" COVID has added a level of stress and fatigue to health care professionals. Regardless, mom and baby have had exceptional care from dedicated people. We have chosen to make a donation to the Foundation to recognize the exceptional care provided, by Dr. Olson, Dr. Wehner, Dr. Foidart, Dr. Kyle and the amazing nursing staff on the maternity ward at LWDH. Thank you again for providing services to people in Northwestern Ontario.

– Grateful grandparents "

"I have had the opportunity to live and train in multiple places across Canada and the United States. When a Radiology position came up at the hospital, we jumped at the chance to move home and be close to family and friends. The opportunity to be able to raise our children in a tight knit community has been incredible. Being a Radiologist at a small hospital has allowed me to really make a difference and we rely on fundraising to buy new equipment for our department. The support of our community has allowed us to purchase state of the art equipment for our department. This enables us to keep patients local for diagnostic workups and procedures for which they previously would have travelled for."

- Dr. Catherine Murray
Service Lead Radiologist

Although much has changed over the past two years, the willingness of our hospital to give their all for the people of Kenora District never will.

This has been one of the most difficult times in the province's history - especially for Ontario's hospitals and the people from many different professions working together to keep them running. The backlog in provision of care and significant health human resources and staff concerns are just a few of the pressing issues emerging from COVID. Yet, our hospital continues to care deeply and staff are committed to providing the best quality care to all patients.

Through these stories, we hope to showcase the dedication of the team at LWDH, even in the face of uncertainty and fear, and reinforce their unwavering commitment to the safety and wellbeing of our community.

We Want to Hear From You!

The **Grateful Patient Program** provides patients and their families with an opportunity to show gratitude to those who played a special role in the care they received while at Lake of the Woods District Hospital.

You can recognize a special caregiver by sharing your experience or through a donation to help support other patient-related enhancements, such as equipment and special programs that would not otherwise be funded by the government.

Whether you choose to recognize a doctor, nurse, an entire department, a member of your patient care team, or a program that impacted your health, your story is a meaningful opportunity to say thank you!

Please share your story with us or provide it in a separate email to lwdhf@lwdh.on.ca. We will not share any information without your permission.

Our Community Cares



Moncrief Construction Ltd donates \$98,000 to LWDH Foundation in support a new Hematology Analyzer at the LWDH. As a family-owned business, MCL Ltd. is passionate about supporting its local community. Hematology Analyzers are highly specialized machines used to analyze blood work and specific results of blood tests can define many hematologic disorders. Access to a new machine will help improve efficiency and precision for our Lab Technicians.



New CADD Solis pumps used for palliative patients at LWDH was made possible with the generous support of Eric Liznick (1948-2022) in memory of his loving wife, Carol (1948-2021). Sadly, Eric passed before witnessing the impact of his contributions. The legacy of the Liznick family will live on in the care LWDH is able to provide with this equipment.



The Hairstyling Class of 2022 at Seven Generations Education Institute (SGEI) raised \$1,326 to support patients undergoing chemotherapy during the Manidoo Baawaatig Information Fair and Family Fun Day. We are wishing this year's graduates all the success as they begin their careers at area salons to complete their training!

Driving Fore a Good Cause



The first ever Ladies Open raised funds in memory of Anchillia McDonald and other loved ones impacted by cancer ahead of Breast Cancer Awareness month.

\$5,177

For a new Coronis Uniti Machine



The 21st Annual OPP Cst. Marv Forsythe Memorial Golf Tournament returned on August 12 after a 2 year hiatus.

\$1,200

Toward Chemotherapy Department



Paige Stevenson hosted the 3rd Friends & Family Scramble in honour of the care family and friends have been provided by LWDH over the years.

\$3,445

Towards the Area of Greatest Need



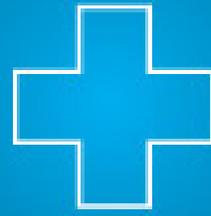
The 2nd Annual LWDHF Par 3 Charity Challenge, driven by the Dingwall Group, involved 152 golfers, 80 volunteers & over 50 sponsors!

\$162,000

For a new Digital Mobile X-Ray Machine

Thank you!

Janet Paulson



Originally from Dryden, Ontario, Janet Paulson completed her fourth year of nursing placement in Kenora in 2006. Her intentions were to move to Southern Ontario following her time at LWDH, but she, like many who spend time here, remained in Kenora. Since starting with the hospital, she has worked in several different departments including; Med Surg, ICU, Psychiatry, and the Emergency.

Coming from three generations of nurses in the family, providing superior patient care is ingrained in her values. "It's rewarding to have the connection with the patients that were patients of my grandma!" The picture hanging in her office is a physical reminder of the legacy of care her family has provided at LWDH.

Janet currently holds the role of Infection/Prevention Control, Complex Wound Care Clinic at LWDH. Her commitment to care doesn't stop there. In addition to providing coverage in the ICU and ER, Janet hosts the St. Joe's Regional Health Care Wound Care Virtual Clinic once per week.

To say Janet wears many hats is an understatement. She is the Vice President for ONA Local 081 and has previously fulfilled the role of President and Treasurer over the years. Outside of work, Janet can often be found at the rink, cheering on her two daughters who are involved in figure skating. Janet, her family and their new labrador retriever puppy, Shilo, enjoy spending the summer season together soaking in quality family time and lots of fishing on Lake of the Woods.

Beyond providing the best patient care, philanthropy is also very important to her. Janet shares her time and resources with the Foundation through volunteering, monthly giving, purchasing 50/50 tickets each month and encouraging her children to do the same.

"In my work, I am fortunate to utilize many items purchased through Foundation funding on a daily basis. I have gotten to work with items such as the new Chiropody Chair that was purchased for the Wound Clinic as well as, the Cardiac Monitors in the Emergency Department that were purchased through funding from prior Lifesavers events. My children have even donated some of their birthday money to LWDHF. Every donation helps and stays at our hospital!"

We are grateful for the tremendous care, generosity and leadership Janet shares with LWDH and our community, every day! To learn more about how your monthly gift can positively impact patient care, contact the Foundation at ldwhf@ldwh.on.ca.



"Medical equipment takes some serious wear and tear over its lifetime. It is extremely vital for patients to have the most up-to-date equipment and functioning equipment while they are in care at LWDH."



Reconnecting at the Lake

The 16th Annual Lifesavers Dinner & Auction, hosted on August 6, 2022 at the Royal Lake of the Woods Yacht Club (RLWYC) raised over \$350,000 in support of numerous enhancement and replacement initiatives at LWDH.

Through the dedication of our Lighthouse Families, Lifeboat Table sponsors, generous donors and volunteers – our community – the Lake of the Woods District Hospital Foundation (LWDHF) is humbled to share that the 2022 Lifesavers event raised an unparalleled \$351,000!

The Foundation would like to extend its heartfelt gratitude to the 2022 Committee; Aynsley Cockshott, Nicki Douglas, Catherine Murray, Marla Klassen and Kate Paterson led by visionary Chair, Lisa Paterson. Their unwavering commitment, passion and time helped to re-launch the event in a spectacular fashion.

“It was a privilege to gather again and celebrate the resilience of our communities during the ongoing pandemic, rising water levels and critical time in Canada’s healthcare system,” said Anthony Sharp, Past Chair of LWDHF.

Building upon the event’s 15-year legacy, the 2022 Lifesavers Dinner and Auction provided an exciting night of philanthropy, reconnection and dining. The evening encompassed a silent auction as well as an informative cocktail reception, where Dr. Sean Moore, Chief of Staff at LWDH was able to share a glimpse of what the last 24 months has entailed for health care professionals. The prolonged challenges have certainly tested the resolve of staff at LWDH, however the unprecedented nature has also

allowed the healthcare team at LWDH to leverage its distinctive inter-provincial relationship and exercise progressive ways of navigating the Pandemic.

A special thank you to Master of Ceremonies, Max Bachman, Live Auctioneer, Don Konantz and the countless supporters who contributed both live and silent auction prizes for the evening. Proceeds from this year’s event will support the purchase of an Echo Ultrasound Machine for Diagnostic Imaging, two new Pediatric beds and a Portable Ultrasound unit and stand that has arrived in the Maternity Ward. Your support is already having direct and meaningful impact at LWDH.



“Bedside ultrasound can be lifesaving on Maternity and is frequently utilized by the professional staff of our hospital in monitoring patients throughout their pregnancy.”

- Dr. Tim Wehner on the DP-30 Portable Ultrasound & Stand for the Maternity Unit.

35th Annual Tree of Life Campaign

There is a lot of power packed
into a \$10 bulb!

"Do I really get a physical bulb?"

No. Think of your bulb as a symbol of light and hope that shines outside your hospital.

Tree of Life Campaign

Your support through the Tree of Life Campaign is an investment in people, in your future, and in life. It's a way to make an impact in your community, today and tomorrow. The Lake of the Woods District Hospital Foundation relies on the generosity of donors to purchase new or replacement equipment. It is a common misconception that all hospital needs are covered by your tax dollars. Funds raised through your donations support the purchase of new medical equipment and upgrades that enable exceptional patient care at Lake of the Woods District Hospital.

This 35-year tradition has helped raise more than \$1.7 million dollars for your hospital and fund critical new equipment like respirators, adjustable patient beds and most recently the major fluoroscopy suite project. Your support this holiday season will strengthen the lifeline between your hospital and your community, while helping fund new Vital Sign Machine Carts, a McCulloch Retractor for Surgical Services and more!



We can all make a difference, one bulb at a time!

Shine a light on someone special this Christmas or dedicate a bulb in memory of a loved one through the **LWDHF Tree of Life Campaign**.

Scan this QR code or **click here** to purchase your bulb(s) in honour/memory of the special people in your life.



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New hospital project planning stages nearing completion

When the planning for Kenora’s new hospital began no one could ever have imagined it would be done while navigating a global pandemic and a health human resource staffing crisis. But yet, this fall we will see the planning stages (Stages 0-2) completed.

Cheryl O’Flaherty who leads the project at LWDH shares “It has been three long years of hard work and complete dedication. I am tremendously proud of the work done on this project, the partnerships built, and the input and investment from LWDH staff to plan efficient future departments and implement change in current operations.”

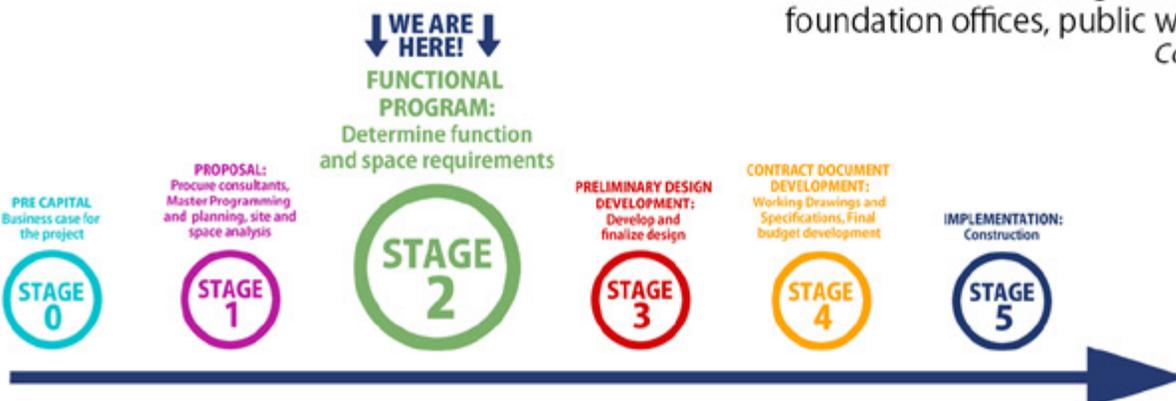
This summer, a completed Stage 2A report was submitted to the Ministry of Health, the project’s major funder. This stage focuses on the Functional Program which includes identifying which departments need to be co-located, patient flows, how many rooms are needed, what services need to be included and the justification for those services. Extensive consultation with staff, partners and other health care facilities continues throughout each stage of the project and was a significant portion of this stage’s work. Stage 2B is in now progress and will consist of refining the cost estimate and furniture and equipment planning and a consultant has been hired to lead this work. The

complete Stage 2 final report (A&B) is anticipated to be finished in December 2022.

Proposed in Stage 2A is a new 81-bed hospital in Kenora, on a new site with water access. Major service expansions are planned for in Mental Health and Diagnostic Imaging. Other highlights include:

- A significant staffing expansion in the new hospital (over 50% increase).
- The physical building doubling in size over the current hospital.
- 100% single patient rooms.
- Ample equipment storage throughout units.
- Extra space in the Palliative Care rooms for family as well as adjacent lounge & quiet room.
- Ambulatory Care: four treatment spaces and eight exam/consult rooms (visiting specialists, stroke, wound clinic, minor procedures, respiratory care, etc). Five chemo stations and five dialysis stations.
- Rehabilitation will be right-sized and include admin space, patient change room, therapy room, gym and will be adjacent to outpatient treatment space.
- Diagnostic Imaging will expand to include MRI and space for a second radiologist.
- Two withdrawal management beds.
- Bariatric rooms throughout the units.
- Expanded student capacity to be able to accommodate 50-60 placements per year.
- 4 ICU beds will be negative pressure and will be able to accommodate (virtual consults at bedside).
- Proposed for the pharmacy are automated packing and dispensing units in clinical areas
- Public spaces to include: Information desk, volunteer kiosk, right-sized common spaces with accessible seating areas, gift shop, foundation offices, public washrooms.

Continued on next page



2029
A new 81-bed hospital in Kenora on a new site with water access

*Timeline dependent upon gov't approval / funding

HIGHLIGHTS from LAKE OF THE WOODS DISTRICT HOSPITAL

- 3 operating rooms, a procedure room, post-anesthesia recovery room, pre-admission clinic, day surgery unit is proposed for the Surgical Services department.
- In hospital spiritual care and Indigenous health spaces will include a Ceremonial Room, Indigenous Resource Centre, traditional kitchen, traditional healing rooms, quiet rooms, multi-faith room. External spaces will include Sweat Lodge, landscaped spaces (to allow for gatherings, fire, traditional garden, access to water, etc).
- A full compliment of staff to support Indigenous patients (Transition Navigator and Cultral Program)
- Transitional Care Unit which will include restorative care, transitional care, cognitive behavioural support, convalescent care. This space will have on-unit dining and recreation space and a staffing compliment different from acute units.

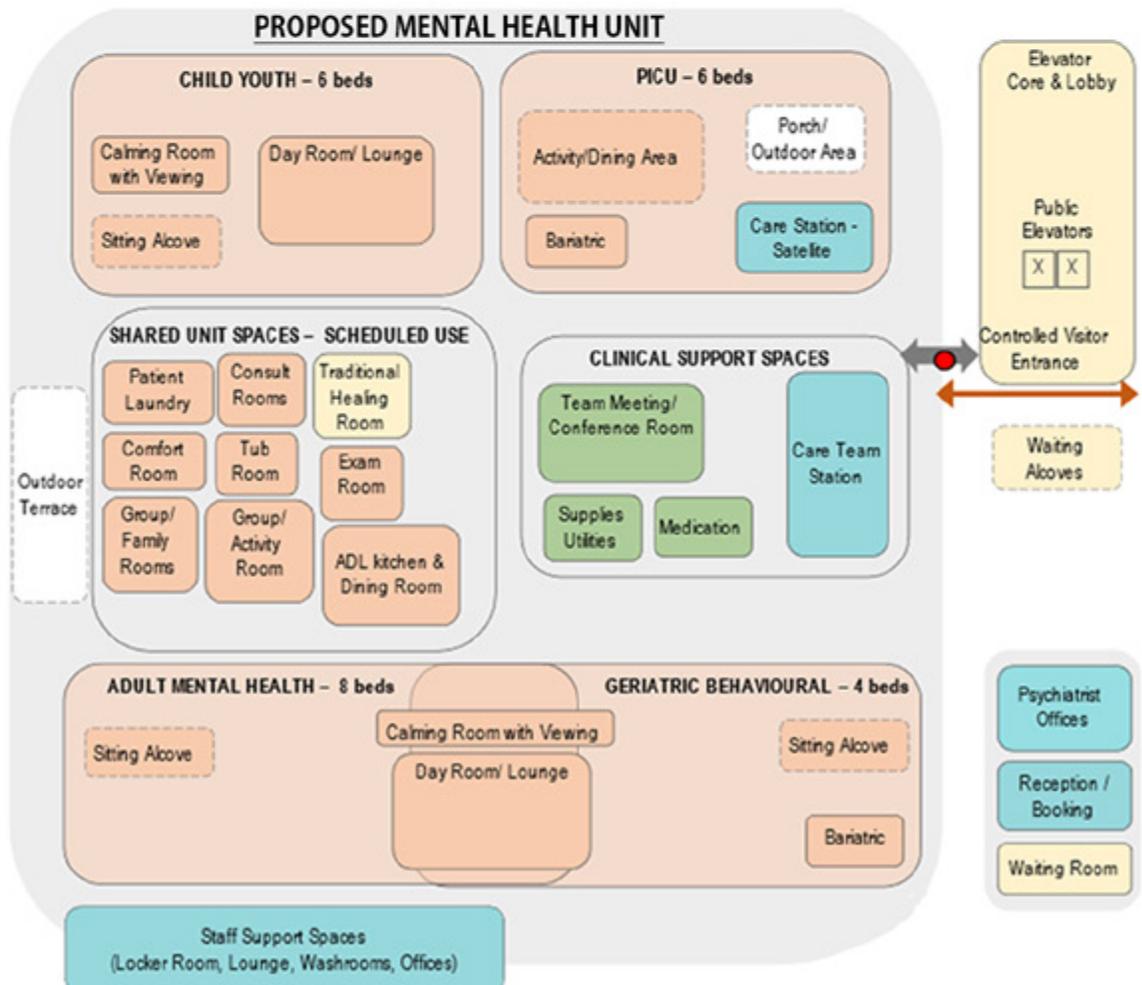
Stage Two proposes an Emergency Department right-sized for Ornge and EMS that will include: a decontamination area, airborne isolation rooms, secure rooms, security space, consult/quiet room with smudging capability, Rapid Assessment (lighter care, non acute zone - 6 seats), Major Treatment Rooms (2 patients), Treatment Rooms (12) and Mental Health Treatment Rooms (3). The ED is proposed to be located beside Diagnostic Imaging.

Proposed in the Mental Health Unit is a 6-bed PICU (activity/dining area, outdoor area), 6-bed child/youth zone (with sitting alcove, day room/lounge), 8-bed adult mental health zone (sitting alcoves, day room/lounge), 4-bed geriatric behavioural zone and shared spaces such as group activity space, consult rooms, traditional healing room, exam room, comfort room, family rooms, patient laundry, kitchen and dining area, lounge, etc.

Outpatient Mental Health services are proposed to be managed in a separate building on the hospital campus. Mental health counsellors will be available in the ED 7 days per week.

Next year (2023) will see the project move into Stage 3, where the design for our new hospital is finalized!

Thank you and congratulations to all who have been involved so far in this exciting community project!



Emergency Department renovation underway

Improvements in our current ED have been prioritized knowing we must continue to operate in this facility for another several years before the new hospital is ready. This phased renovation, now underway, aims to improve patient privacy, patient flow and staff spaces. Phase one includes creating a new staff lounge, staff washroom, ED storage and OR storage in the Purchasing area (which is accessible from the future nursing station), creation of an accessible shower/washroom and creation of a new ambulance offload area inside the ED. The majority of this initial phase has been completed with the exception of the OR storage space as major delays were experienced with both material delivery and unanticipated structural challenges. Phase 2 of this project is scheduled to begin in November and is anticipated to take roughly four months to complete. Should you find yourself making a visit to the ED, expect some construction noise and for things to look a little differently as improvements take shape.

Carrie Gratton, manager of the LWDH Emergency Department explains “Our hope with this renovation is to give our staff, our patients and their caregivers the comfort they deserve. The new break room for staff will be a WELCOME addition. This ED team sees our community at their very worst and most helpless moments. A quiet space to decompress for a few minutes will be so appreciated by the team. Thank you to the incredible LWDH maintenance team for all they’ve done to support this project and to the contractors working hard to get the job done”.

Future phases will include:

PHASE 2

- Relocate nursing station across from trauma bays for enhanced patient observation
- Creation of dedicated physician workspace
- Creating a larger medication room
- Creation of second ED safe room with secure access corridor
- Relocation of patient accessible washroom
- Relocation of dirty utility room

PHASE 3

- Relocation of Switchboard/ Admitting
- Creation of larger pass-through triage room adjacent to Admitting space

PHASE 4

- Creation / relocation of waiting area
- Relocation of Security office adjacent to the waiting area

PHASE 5

- Creation of flexible workspace for emergency services, patient/ family meetings, social work



WELCOME! Carrie Gratton, LWDH’s new Emergency Department Manager joined the team initially as one of the first ever out-of-province agency nurses our hospital has ever had in May of 2021. And are we grateful she did! It proved to be a great move for both LWDH and Carrie as she now fills this extremely important leadership role. Carrie brings with her a wealth of experience from healthcare facilities across Canada. Carrie will say she is most comfortable in the ED and this is where the majority of her nursing career has been spent. Her favorite thing about working at LWDH - “Almost instantly I loved that it was a smaller hospital, people actually knew my name! It is comforting to have that sense of family here at the hospital.”

LWDH is responding to the TRC Calls to Action focused on health

The work of the Truth and Reconciliation Commission of Canada and the 94 Calls to Action are very important for our nation to understand and respond to. LWDH views recommendations 18-24 and 55, which speak specifically to health, as a guide to our future. The LWDH team is committed to taking steps toward truth and reconciliation in health by:

Focusing on strong partnerships with Indigenous communities, health practitioners and leaders to provide enhanced services

WHAT DOES THIS LOOK LIKE AT LWDH in 2022?

Planning a new state-of-the-art, inclusive healthcare facility to replace the current hospital with Kenora Chiefs Advisory Ojimaawabiitong (KCA).

Working with KCA and Waasegiizhig Nanaandawe'iyewigamig (WNHAC) to implement change and solutions in current hospital operations via the LWDH Current Operations Innovation Working Group.

Agreements with KCA and WNHAC for staffing within the hospital (Indigenous Patient Navigators, Community Project Planner, Manager for Indigenous Patient Support Services, Transitions Facilitator).

Working in partnership with KCA in the development of a robust Indigenous Patient Support Services Department as part of the All Nations Hospital Project.

Prioritizing the startup of a new Indigenous Advisory Council. The Terms of Reference for this collaborative was developed by LWDH, KCA and WNHAC. The Council will have representation from these three partners, as well as community representatives and will provide guidance on the development of policies and processes that address First Nations Care issues.

Striving to have a board of directors which is representative of the communities served.

Incorporating Indigenous healing practices alongside western medicine as a key theme in the new hospital project planning

WHAT DOES THIS LOOK LIKE AT LWDH in 2022?

Commitment to ongoing community engagement throughout the new hospital planning and in relation to current operations.

Working with KCA and WNHAC on a review of the current patient feedback process with the intent of creating an easily accessible and inclusive process.

Implementing a process to allow patients to self-identify if they are Indigenous so that connections can be made with all possible supports.

Working with partners to stock traditional medicines such as sage in the hospital.

Plans for the new hospital include on-unit traditional healing spaces throughout the hospital, a Ceremonial Room, Indigenous Resource Centre, traditional kitchen and external spaces such as Sweat Lodge and landscaped spaces (to allow for gatherings, fire, traditional garden, access to water, etc). All proposed inclusions in the new hospital were drafted in deep consultation with our communities.

Ensuring patients have the ability to smudge / perform traditional practices in the hospital. There is currently one space (Ojibwa Healing Room) in our hospital with ventilation that allows for smudging. This space was opened in a ceremony led by local Elders.

Cultural awareness training for all staff at time of orientation and further development of this training.

Providing a letter of support for the Cultural Competency in Kenora/Treaty 3 Proposal submitted by KCA to Health Canada for their Addressing Racism and Discrimination in Canada's Health Systems Program.

Recognizing the importance of, and the difference between National Indigenous Peoples Day and National Day for Truth and Reconciliation. Ad-hoc committees work on communications, feasting and other aspects of these days.

Our Community Is Our Foundation.

Rapid developments in new medical technologies make for a wish-list of equipment necessary to maintain the highest standard of health care, including everything from lifesaving equipment to health care education and urgent renovations.

Lake of the Woods District Hospital Foundation relies on the generosity from people like you, to recognize and support the vital work being done at the hospital to better serve the Kenora District community. Supporting your hospital is an investment in the health and wellbeing of our friends, family and neighbours, today and for generations to come.

If you are able to help, please contact Executive Director, Mira Trebilcock, by phone or email to discuss how you can support your hospital.

Phone: 807-468-9861 x2419

Email: lwdhf@lwdh.on.ca

Website: www.lwdhf.com

Visit Us at Our Office:

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Charitable Registration (BN) 13710 5243 RR0001



**2022 Tree of Life
Dedicate your bulb(s)
today!**

