



Lake of the Woods District Hospital Foundation

Spring/Summer
2019



LWDH
Lab
gets a major
update!

\$1.9M
transferred
to
LWDH!

Upcoming
summer
events

MONSTER PUCKS: MOST \$ RAISED!
HOCKEY FOR HEALTH 3 ON 3 2019



Donors Impacting Patient Care!

\$1.9 million

to LWDH for medical equipment and renovations 2018-19



OR/CSR Renovation Project
Ultrasound & Probes (DI & ER)
Nerve Monitor System (OR)
Ventilators (ICU)
Lab Renovation Project
Tissue Processor (Lab)
Patient White Boards (bedside)

Over \$1 million in
Equipment Needs
2019-2020

\$8.18 Million secured in
medical equipment &
infrastructure over
last 9 years

Thank You!

Major Gifts & Grants \$1.12 million
Lifesavers Dinner & Auction \$305,000
Individual, Business & Service Grps \$213,937
Tree of Life & Newsletters \$155,816
Monthly Giving \$52,212
Hockey for Health 3 on 3 \$47,000
MNP Charity Golf Classic \$40,000

Interesting Facts 2018-2019



New President & CEO
LWDH

Lab Tests &
Procedures
762,996



2250



Donation Receipts



\$0 from Government for
Equipment

6677 CT Scans



2000+ Volunteer Hours



1780 Mammograms

20,470 ER Visits

17,622 Patient Days of Care

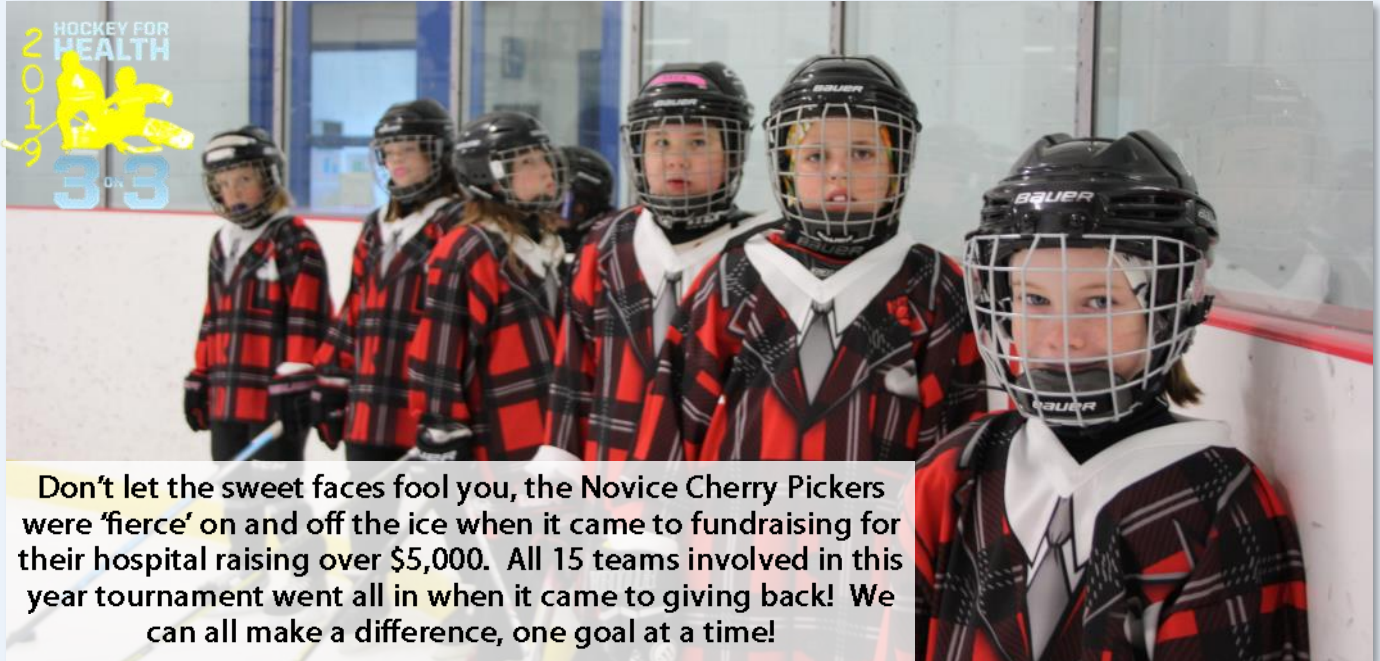


YOU are ensuring quality healthcare remains available at your hospital!
Choose to Make a Difference TODAY!
lwdhf.com 807-468-9861 x 2419

Thank you for helping your hospital help you!



Hockey for Health, 3 on 3—2019



Hockey for Health 3 on 3 April 11-14, 2019 was another huge success with teams helping to raise over \$58,000 for your hospital over 4 days. Hockey for Health is all about the fun and FUNdraining for LWDHF!

Our tournament would not be what it is today without the support of our generous sponsors and partners. Thank you to *Lake of the Woods Girls Hockey, 89.5 the Lake, Forest Helicopters, Q104, Carstar Kenora, A.K. & Company, Moncrief Construction, Donny B, Vanz Inc. Carpentry & Consulting, Nelson Granite, Dr. Nadine Hoshwa, Kal Tire Kenora, Intercity Industrial Supply, LMD Contracting, Canadian Tire Kenora, Talbot Marketing, BMO, Falcon Manufacturing, Pinchin Environmental, Clearwater Market, Copperfin Credit Union, Johnson's IDA Pharmacy* and all of our supporters for this years event! See www.lwdhf.com for a complete listing.



Please visit www.lwdhf.com for a complete listing of CT partners.

Hockey for Health 2019 'Championship' Teams:



NOVICE:
Cherry Pickers \$5160.50
vs
Kal Tire Kings-\$3704.50



ATOM:
Monster Pucks- \$12,542.20
vs
Boneheads -\$9,341.50



PEEWEE:
LMD Nailers-\$5,312.75
Vs
Clearwater Market Snipers-
\$3,184.25



OPEN:
Raging Angels- \$3,961.05
vs
Copperfin - \$2,300

Summer's Pure Pleasure Inspires Gift

"In August of 2018 I sat across the table from a couple I had never met before. Our connection was Lake of the Woods and our mutual friendships with others who get to enjoy the lake as their second home. They described wanting to make a difference. Wanting to have an impact on the community's healthcare through what would turn out to be a very generous gift. We described to them the need for a massive renovation to our Lab and the equipment needed for that space. We were able to have Dr. Sean Moore, Chief of Emergency Medicine, join us to stress the importance of the lab to patient care at Lake of the Woods District Hospital. Thankfully, they agreed! Never did we dream, that shortly after that meeting, we would receive a **\$1 million donation** to take care of it all! The one stipulation, remain anonymous. As much as I would love to shout your name from the roof tops, your secret is safe with me! Thank you! Thank you! Thank you!" - *Jess Rheault, Executive Director, LWDHF*

From our Anonymous Donor:

"For several decades I have been fortunate enough to enjoy summers on Lake of the Woods at our family cottage, or camp if you grew up in Kenora. This is truly a special experience. Summers are pure pleasure and become the center of one's life. But in life there are times when accidents happen or your health fails you. We knew we could always get in a boat and head directly to the dock at the Lake of the Woods District Hospital during one of those times. It made us realize that we do not live in isolation, we really are part of this community and we must be sensitive to how we support various institutions in that community. Being a part of this community made me decide that when it came time to do estate planning, a priority on my list would be to offer as much financial support to the Kenora Hospital as I could. As luck would have it, in 2018, friends of mine made me aware that the Kenora Hospital could probably use my financial support today.

I started to rethink my estate planning strategy and wondered, *"Why should I wait for my death to offer some assistance to an entity so very important to the community and to us as individuals?"*

I contacted the Lake of the Woods District Hospital Foundation and met with Jess Rheault, Executive Director and Foundation Board Chair, Anthony Sharp. I was looking for something that could really make a difference and they presented the Lab renovation project. The project was a must-do on their capital list to meet new guidelines, update and introduce new equipment. I made a proposal which they described as generous - it felt really good!

Now the new Lab is up and running practically on schedule and I hope, within budget. I am so impressed with the dedication and commitment of all the staff I met, it has been an enormously rewarding experience for me and I now look forward to a live visit to the Lab early this summer. Best decision I made was not to defer moving some money into the hands of such worthy recipients. I am happy to be a donor."



This past fall, LWDHF surprised some of our amazing partners and delivered personalized plaques recognizing their significant contributions to the CT Scan Renewal Campaign and to the Dingwall Group for their part in bringing a wireless fetal heart monitor to your hospital.



Copperfin Credit Union



Dingwall Ford



Bayview Toyota



Dufresne Furniture



River Air



The Standard Insurance/Wawanesa



Weyerhaeuser



Woodlake Marine



Jarnel Contracting Ltd.



Home Hardware—Kenora



Moncrief Construction

From our Generous Community...

Here we highlight some of the amazing support we've received from our community throughout the winter.

We couldn't do what we do without you!

Lake of the Woods District Hospital Foundation Executive Director Jess Rheault accepts two grants from the **Kenora & Lake of the Woods Regional Community Foundation**; the KLWCF Community Endowment Fund and the Hartley & Heather Richardson Fund to assist in equipment purchases. Thank you to Hartley and Heather for creating this fund 10 years ago; and to KLWCF who have awarded **over \$120,000** in grants to LWDHF to date. *(Pictured: Jess Rheault-LWDHF; and KLWCF President Dennis Alvestad)*



Christmas Craft and Bake sales in December raised over \$2,000 for LWDHF! Thank you to **Valleyview School** for donating silver collection at the door from their sale: **\$634.06** and to **Kristal Cadger-Epp** and **Stephanie Ponton** for organizing two sales at **Seven Generations** in support of LWDHF and were able to donate **\$1,500**. Thank you!



Tuesday, December 18, 2018 was **Random Acts of Kindness Day** at **Valleyview School** in Kenora and Mrs. Shiska's Grade 2 Class provided LWDHF with an amazing act of kindness! The students donated **\$1,227.18** to purchase items for pediatrics at LWDH. Funds raised came through hot chocolate sales at their Winter Wonderland event and from silver collection at the Wonderland concert. Thank you Valleyview School for this generous donation!



Thank you to staff and administration at **Beaver Brae Secondary School** for your generous donation of **\$778.25**.

Money raised came from Beaver Brae's November professional activity day and will be donated to this year's Tree of Life Campaign.

Thank you **Shaun Neniska** for this amazing **Thirty-One Large Utility Tote Drive** for your hospital! With the purchases made through this drive Shaun was able to make a **\$500** donation towards the purchase of a Vein Viewer for the Cancer Care Ward at LWDH.



FOLLOW US ONLINE!

See what we're up to throughout the year!



A Celebration of Giving in Memory of Laurie (Lawrence) Bednarchuk

Dryden Regional Health Centre (DRHC), Lake of the Woods Regional Community Foundation (KLWCF) and Lake of the Woods District Hospital Foundation (LWDHF) received a generous bequest from a lifelong Kenora resident, Laurie (Lawrence) Bednarchuk. The total bequest is \$350,000 per charity.

We are humbled to receive such a generous gift; we acknowledge the anniversary of Laurie's death by announcing that their neighbour, friend, and a proud Kenora resident, chose to leave a legacy gift that will give back to our communities forever.



For the full news release on Laurie's Bequest, please visit www.lwdhf.com.



\$48,000 given to LWDH from the Ladies' Auxiliary

Pictured L-R: Helen Oneschuk, Shirley Tresoor, Marlene Leroux, Celine Hanton, Jane VanWalleghem, and Marnie Lundin

The Lake of the Woods District Hospital Ladies Auxiliary funded \$48,000 for the purchase of electric beds for the hospital. The help our hospital receives from these dedicated volunteers goes beyond measure!

Did you know, purchases at the Gift Shop fund equipment and improve patient care at LWDH?



A great big 'pyramid' of thanks going out to the faculty and staff of King George VI School for their donation of \$580, collected through their jean fund. We are so grateful that you thought of your Hospital Foundation!

70 people turned out for **Samadhi Calm - A Community Yoga Session** to send positive energy to local Kenora Resident Deborah Ramsay who had recently suffered a stroke. The class raised **\$1,036.50** for the CT Scan at Lake of the Woods District Hospital. Amazing! The power of collective yoga is a strong one!



Winter Events



31st Annual Tree of Life Campaign

By purchasing your \$10 bulbs, you helped raise **over \$40,000** for your hospital! Thank you! Funds raised through the Tree of Life Campaign goes to purchase much needed medical equipment so that when you need your hospital, your hospital will have what it needs to take care of you.

We can all make a difference, one 'bulb' at a time!

Bob's Burger Bar donated \$5 from every gift pack purchased at the restaurant over the holiday season and were able to donate **\$400** to LWDHF's Tree of Life Campaign. Thank you to everyone at Bob's and to everyone who purchased these gift packs!



Curling for a Cause

MIXED FUN SPIEL
IN SUPPORT OF LWDHF



Frozen Fiesta

Saturday March 2nd
Keewatin Curling Club

Curling for a Cause was once again a successful event, bringing 11 teams together for a 'rocking good time'. A huge Thank You to our friends at **89.5 the Lake** and everyone who participated in and supported this years Curling for a Cause! This year's 7th Annual event raised **\$3,449** for the CT Scan Renewal Campaign at LWDH.



We can all make a difference one 'hurry hard' at a time!



Why I Give



"I donate because my husband and I are starting to build our family and I know that without the support of the community our hospital staff would not have the equipment needed to provide the best possible care for our future."

- Brooks and Kim Mejia



Emma & Harrison Edwards asked their friends not to bring gifts to their combined birthday party in April, instead consider a donation to LWDHF. Together, with the help of their friends they were able to donate \$300 to 'help the sick people at the hospital'. Thank you for giving back to something that is so important to you and our community.

Summer 2019...:



Teddy Bear Picnic & Q-Munity BBQ

Saturday, June 8th, 2019 | Anicinabe Park | 11am—2pm

Everyone was invited to come out to this free event for the entire community! Children of all ages brought stuffies down to Anicinabe Park from 11am—2pm to have Lake of the Woods District Hospital volunteers fix their boo-boos. For more photos from the event check out LWDHF on Facebook!



2nd Annual Father/Daughter Ball

Friday, June 14, 2019

Clarion Lakeside Inn | Rosewood Room

Find them on Facebook for pictures from the event!

[Father Daughter Ball—Kenora](#)

Kenora's 2nd Annual Father/Daughter Ball in support of LWDHF is happening again this June 2019! Sit down dinner, silent auction, swag bags, and dancing—it's a fun evening all for a good cause!

THURSDAY, JULY 18, 2019

KENORA GOLF & COUNTRY CLUB



OVER \$1 MILLION IN PRIZES!

18 chances for a hole-in-one prize valued at \$30,000-\$75,000 per hole plus closest to the pin prizes on each hole!

COST: \$500 PER GOLFER | \$300 TAX RECEIPT

Includes your game, cart, networking lunch, dinner and spirits.
Leave your wallet at home!

Early Bird Registration has been **SOLD OUT!** reserved for returning supporters. Open Registration begins June 1, 2019.

NO PRO GOLFERS.

DRIVEN BY THE
DINGWALL
GROUP



SPONSORSHIP AND VOLUNTEER OPPORTUNITIES AVAILABLE!

PLEASE CALL (807) 468-9861 x2468 FOR MORE DETAILS.

A special thank you to **MNP** LLP for an amazing 10 years and over half a million dollars raised for your hospital!



14th Annual

Lifesavers Dinner & Auction

Saturday, August 10, 2019 | Royal Lake of the Woods Yacht Club

Lighthouse Families, 2019

David and Ruth Asper
Donny and Rhoda Beasant
Jim Borger and Family
The Bryce and Nicki Douglas Family
Steph and Kailee Foidart
Guy and Lou Goodwin
David and Ingrid Graves
Brian and Ruth Hastings
The Paul and Carol Hill Family

Chris and Pamela Hodgson
Larry and Carolyn Hursh
Bruce Klassen and Karen Dunlop
Kevin and Deneen Klippenstein
Bill and Theresa Parrish
Andrew Paterson and Family
Gerry and Barb Price
Bob and Marnie Puchniak
Rob and Penny Richards

Jim and Leney Richardson
Hartley and Heather Richardson
Thor Richardson
Sandy and Debbie Riley and Family
Ross and Allana Robinson Family
Rod and Jeannie Senft and Family
Arni Thorsteinson and Susan Glass

Your hosts: Dominique Kyle & Lisa Paterson

Committee: Nicki Douglas, Catherine Konantz, Kate Paterson, and Cindy Behrsin

From our backyard and across the pond...

Welcoming new physicians to Kenora!

Welcome back to Kenora Dr. Meg Olson!

Where did you attend Medical School?

Calgary, Alberta at the Cumming School of Medicine -2 years of medical schooling in Calgary and 1 year of clinical in Pincher Creek, Alberta.

What drew you back to Kenora?

My family is here, so I came home! I completed my residency in Kenora through NOSM and am thrilled to have my dream practice opportunity where I can practice full-scope of medicine with amazingly supportive colleagues.

What type of work will you be doing?

Family Medicine, Obstetrics, ER, inpatient Hospitalist.

Do you have any experiences as a Medical Student that stand out to you?

In my 3rd year it hit me that I really enjoyed Family Medicine because of the continuity of care - I get to follow people through their life and health journey.

Do you have any special interests?

At work I really enjoy specializing in Women's Health and teaching - I'm very excited to be sharing in the role of simulation exercises with the medical students.

Outside of work I enjoy everything that Kenora has to offer: Camping, kayaking, canoeing, hunting, fishing, cross-country skiing, snow-machining!



We are so happy to officially introduce you to Dr. Jonny Grek!

Where did you attend med school?

I attended the The University of Leeds, which is in northern England.

What drew you to Kenora?

When we came for a site visit in December 2017, we were sold!

As a physician, I was looking to practice somewhere that allowed me to experience a wide range of cases that is often harder to come by in a big city. We also knew that work/life balance was very important and Kenora seemed like an incredible place to work and play.

What type of work do you do in your position?

Primarily family medicine but I also have an interest in palliative care and mental health. My main interest is the way in which psychological aspects of medicine can impact one's physical health. When I am working with my patients, I like to make sure that we aren't just focusing on the physical symptoms that are presenting themselves.

Do you have any special interests (work or personal)?

As I mentioned previously, I have a big interest in how mental health and physical health are intertwined. I am also interested in alternative treatments, such as acupuncture. Fun fact: I am certified in western medical acupuncture. On a personal level, I love music sports, and the outdoors. I am currently learning how to ice skate in hopes that I will be able to teach my daughter in a couple years. Beside missing Cadbury Whispa Gold, a really good old cheddar, and Danish back bacon, I think we are settling in quite nicely!



Q & A with LWDH President and CEO, Ray Racette

LWDHF sat down with Ray Racette, LWDH's new President and CEO to get to know him a little better:

What drew you to Kenora?

I believed my experience could help the hospital address many challenges and opportunities it faces. I was also strongly attracted by the opportunity to work with health partners and Indigenous leaders and organizations to plan the All Nations Hospital and the All Nations Health Care System, demonstrating Reconciliation in Action.

What is your favourite thing about being President and CEO of LWDH?

It is a unique period to be CEO. I think of the scope of change we must successfully navigate, the importance of the work we are tackling for the future (new hospital, new health system), the people I have the privilege of working with at the hospital and throughout the community and region, and the chance to be part of the All Nations planning. I can't imagine a more complex and important time to lead in.

What is your favourite past time/hobby?

Fitness, reading, movies and traveling.

How long have you been in healthcare leadership?

I started my health leadership career in 1979 in Yellowknife, NWT.

What are you looking forward to most this summer?

Seeing Kenora in the summer will be a great experience with all of its busyness and energy on display, and having my family join me will be very special.

What is your favourite memory from the past year?

Participating in a sweat lodge ceremony in Rat Portage with Elder Langford Ogemah. His sharing of knowledge and teachings was very enlightening.



About LWDHF...

Who is LWDHF?

The Lake of the Woods District Hospital Foundation was established in 1992 and continues to be the lifeline between your community and your hospital.

LWDHF is governed by an 11 member board which meets monthly; has 3 full time employees and benefits from over 2,000 volunteer hours per year. We are dedicated to raising funds for the purchase of medical equipment and capital infrastructure. Since our inception, LWDHF has transferred over \$19.5 million to Lake of the Woods District Hospital (LWDH).

Our needs are ongoing.

The Ontario Ministry of Health and Long Term Care covers, on average, 80% of your hospital's operating costs. This limited funding for healthcare increases the financial pressure for your hospital in addition to the fact that none of this funding is designated to cover capital expenses. There is not a matching program from the Ministry to help purchase equipment, which leaves LWDHF to raise the funds needed, dollar for dollar.

Your hospital has identified over \$3 million in capital equipment and infrastructure needs over the next 2 years.

The list shown below is a portion of what is needed by your hospital to ensure quality medical care remains available to your community at LWDH.



LWDHF Board of Directors and Staff 2019-2020

Chair

Anthony Sharp Base Manager (Kenora) Ornge Air Ambulance

Vice-Chair

Holly Friesen Owner and Artist, HAF Art Studio & Gallery

Treasurer

Jackie Hailstone General Manager, CIBC Kenora

Directors

Brock Chisholm Manager, Rehabilitation Department, LWDH

Dominique Kyle Co-Chair, Lifesavers Dinner & Auction, 2019

Marc Bissonnette Owner, Bell's Septic & Environmental Services

Kim Mejja Associate, Hook, Seller & Lundin LLP

Barry Marmus Commercial Branch Manager,
The Standard Insurance

Laci Dingwall Public Relations Manager, The Dingwall Group

Kayla Borup Communications Manager,
Copperfin Credit Union

Staff

Jess Rheault Executive Director *since November 2009*

Andi Scheibler Development Coordinator *since January 2016*

Lindsay Whitaker Operations Assistant *since May 2014*

LWDH Equipment Wish List, 2019-2020

Portable Ultrasound Machines <i>Dialysis, ER + ICU</i>	\$145,000
Automated TM Analyzer <i>Laboratory</i>	\$70,000
Patient Beds + Mattresses x7 <i>Mental Health/Psychiatric</i>	\$40,600
Recovery Room Monitors x4 <i>Surgical Services</i>	\$40,000
Pressure Reduction Mattresses x6 <i>2East and 3East</i>	\$23,100
Cafeteria Furnishings <i>Nutrition & Food Services</i>	\$20,000
30lb Washer <i>Laundry/Housekeeping</i>	\$9,000
AccuVein Finder AV400 <i>Chemotherapy</i>	\$8,757
Bili Light Blanket <i>Maternity</i>	\$7,770

Ways to Give to LWDHF...

Memorial Giving

A memorial gift to LWDHF provides a meaningful way to remember your loved ones. Family and friends have an opportunity to donate towards a lasting tribute set up as a memorial fund. Memorial gifts are recognized on our Donor Board when accumulated donations for the fund reach \$1,000.

Monthly Giving

Did you know that for as little as \$5.00 per month, you can make a difference in the quality of medical care available at your hospital? 1,000 donors contributing \$25/month = \$300,000 for your hospital. Imagine the possibilities for your hospital, our patients and your community!

Planned Giving

Including LWDHF in your will ensures your support for a cause you care about will continue—even after you're gone. By choosing to designate to LWDHF's endowment fund, your gift continues to give, benefitting your family and your community—forever. You can also take comfort in knowing that your gift will lessen the tax burden on your loved ones when transferring your estate.

Please contact LWDHF to discuss your planned giving options such as bequests, gifts of life insurance, RIFs or RRSPs. Final arrangements should be made through your financial advisor.

For the Goodness of Your Heart—Grateful Patient Program

Many of LWDH's staff members make a difference in the lives of their patients. When we hear your words of gratitude and kindness, we feel it is important to share those with them.

If you have been touched by the LWDH health care team, consider making an honorary gift to your hospital through the Grateful Patient Program. Your gift will help support your hospital and will benefit others in need.

LWDHF's Grateful Patient Program is flexible and personal. You can designate a gift of any size to a specific area, or allow LWDHF to direct the funds where they're needed most. The gifts that you provide through this grateful patient program will help support your hospital; ensuring quality patient care remains available in your community.



We've moved office locations!

Find us at St. Joseph's Health Centre (across the LWDH Staff parking lot). We are on the first floor main entrance, first offices on the right.



Printing of this publication is provided by the team at Lowerys. Thank you Lowerys!



Community businesses like Lowerys allow LWDHF to give more back to your hospital. Support your community by shopping at your local businesses.



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